

YW

| | 200 Meters | Time | Date |
|---|-------------|-------|----------|
| 1 | Charis Chan | 27.18 | 06/27/04 |
| 2 | | | |
| 3 | | | |
| 4 | | | |
| 5 | | | |

| | 400 Meters | Time | Date |
|---|-------------|---------|----------|
| 1 | Charis Chan | 01:02.9 | 06/27/04 |
| 2 | | | |
| 3 | | | |
| 4 | | | |
| 5 | | | |

| | 1500 Meters | Time | Date |
|---|---------------|---------|----------|
| 1 | Aurora Bailey | 5:29:33 | 06/27/11 |
| 2 | | | |
| 3 | | | |
| 4 | | | |
| 5 | | | |

| | Long Jump | Dist. | Date |
|---|----------------|-----------|----------|
| 1 | Lemi Mochinaga | 16' 6.75" | 06/21/13 |
| 2 | Kaori Nguyen | 15' 9" | 07/08/12 |
| 3 | | | |
| 4 | | | |
| 5 | | | |

| | Triple Jump | Dist. | Date |
|---|----------------|-----------|----------|
| 1 | Tisha Uwadiale | 39' 5.25" | 06/25/05 |
| 2 | Tisha Uwadiale | 38' 6" | 06/24/06 |
| 3 | Kaori Nguyen | 33' 4.75" | 07/08/12 |
| 4 | Lemi Mochinaga | 31' 2.5" | 07/05/13 |
| 5 | | | |

| | High Jump | Dist. | Date |
|---|-------------------|-----------|----------|
| 1 | Lauren Hopfenbeck | 5' 0.25" | 07/08/05 |
| 2 | Tisha Uwadiale | 4' 10.25" | 06/24/06 |
| 3 | Tisha Uwadiale | 4' 10" | 06/25/05 |
| 4 | Kaori Nguyen | 4' 7.75" | 06/24/12 |
| 5 | | | |

| | Javelin | Dist. | Date |
|---|-----------------|---------|----------|
| 1 | Adora Garrick | 68' | 06/21/13 |
| 2 | Lalia Birznieks | 63' 10" | 06/21/13 |
| 3 | Kaori Nguyen | 46' 6" | 07/08/12 |
| 4 | | | |
| 5 | | | |

| | Shot Put | Dist. | Date |
|---|-----------------|----------|----------|
| 1 | Lalia Birznieks | 34' 5.4" | 06/08/13 |
| 2 | Adora Garrick | 34" | 07/13/13 |
| 3 | | | |
| 4 | | | |
| 5 | | | |

| | Discus | Dist. | Date |
|---|-----------------|--------|----------|
| 1 | Adora Garrick | 61' 6" | 06/21/13 |
| 2 | Lalia Birznieks | 59' 4" | 06/21/13 |
| 3 | | | |
| 4 | | | |
| 5 | | | |